

ITHACA COLLEGE

BOMBERS

WRESTLING



BOMBERS
ithaca

Information / Contents

Campus Information

Location	953 Danby Road, Ithaca, N.Y.
Enrollment	6,400
Founded	1892
President	Thomas R. Rochon
Nickname	Bombers
Colors	Blue and Gold
Affiliation	NCAA Division III
Conference	Empire 8
Home Venue	Ben Light Gymnasium

Division of Athletics

Head Wrestling Coach	Marty Nichols
Phone	(607) 274-3660
E-mail	mnichols@ithaca.edu

Director of Intercollegiate Athletics	Ken Kutler
Phone	(607) 274-3209

Associate Director of Intercollegiate Athletics	Mike Lindberg
Phone	(607) 274-3199

Assistant Director of Intercollegiate Athletics	Ernie McClatchie
Phone	(607) 274-5708

Senior Woman Administrator	Deb Pallozzi
Phone	(607) 274-1270

Operations and Events Coordinator	Andrea McClatchie
Phone	(607) 274-3793

Supervisor of Athletic Trainers	Kent Scriber
Phone	(607) 274-3178

Sports Information Director	Mike Warwick
Phone	(607) 274-1401
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Phone	(607) 274-5124

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College Information	
Egbert Hall	(607) 274-3011

Admissions Office	
Job Hall	(607) 274-3124 (800) 429-4274

Financial Aid Office	
Campus Center	(607) 274-3131 (800) 429-4275

College Web Page	www.ithaca.edu
Athletics Web Page	bombers.ithaca.edu



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Press Information

MEMBERS OF THE MEDIA

For information, photos, stories, statistics, and videotape highlights, or to arrange an interview with a coach or athlete, please contact Mike Warwick in the sports information office, Ithaca College, Ithaca, N.Y. 14850; phone: (607) 274-1401.

ACCESSIBILITY

Questions about accommodation for individuals with disabilities should be directed to the Office of Equal Opportunity Compliance at (607) 274-3909 (voice), (607) 274-1767 (TDD) or bleblanc@ithaca.edu as much in advance of the event as possible.

CREDITS

This Bomber media guide is produced by the Ithaca College Office of Sports Information, Mike Warwick, director; Joe Gladziszewski, assistant director; Chris Lewis, assistant director; Donna Mosher, department assistant. Photographic services by Tim McKinney and Patricia Reynolds unless otherwise indicated.

Program History

The Ithaca College wrestling program is one of Division III's most successful. The achievements of Ithaca's program include:

- three national team titles, (a total surpassed only by Brockport and the College of New Jersey);
- back-to-back NCAA championships in 1989-90;
- eight top-five team finishes at the NCAA meet;
- seven individual national champions;
- 59 all-Americans, who have 85 total honors.

The Bombers have won three national team titles.

Ithaca wrestling had its beginning in 1930 at the Seneca Gym in downtown Ithaca under the direction of Walter O'Connell, who had started the wrestling program at neighboring Cornell University in 1908. Although his record at Ithaca was a modest 8-17-1 in six seasons, his efforts laid the program's foundation. A collegiate wrestling pioneer, O'Connell was inducted into the Ithaca College Athletic Hall of Fame in 1991. He had earned membership earlier in the Cornell Athletic Hall of Fame and the National Wrestling Hall of Fame.

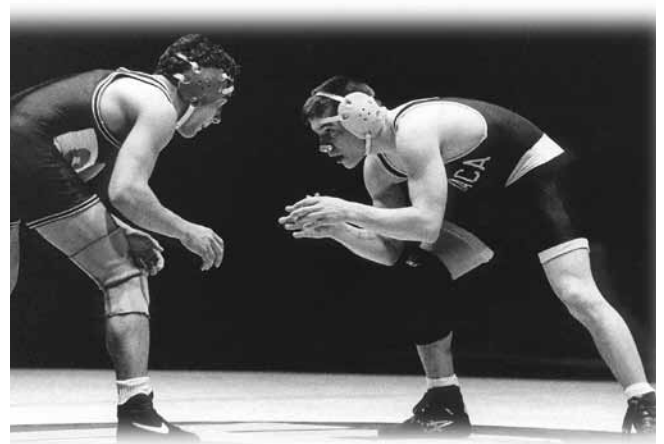
The program was temporarily discontinued in 1936 but was brought back by O'Connell protégé and former Ithaca captain Clyde "Whitey" Cole in 1946. Ithaca College president Leonard Job, a wrestler as an undergraduate at Indiana University, also played a key role in the rebirth. An outstanding athlete, Job was known to participate in practice sessions with Bomber wrestlers. Ithaca made its first mark on the national level under Cole's guidance with a 14th-place finish at the NCAA championships in 1949. The Bombers followed with a seventh-place showing the next season.

One standout during Cole's four-year tenure was Jim LaRock. Unbeaten in four years of dual-meet competition with 31 wins and 26 falls, LaRock developed into one of the top 165-pound wrestlers in the U.S. While at Ithaca he earned a second-place finish in the NCAA tournament for all-American honors, won national YMCA and AAU championships and gained a spot on the 1952 U.S. Olympic team.

Former Cole assistant Herbert Broadwell took over as head coach in 1950. His 20-year career included 99 victories and five all-Americans. The Bombers placed at the national championships six times during Broadwell's career and on another two occasions when the event was the NCAA College Division championships.

During Broadwell's tenure, Jim Howard earned all-American honors twice at 130 pounds, finishing third in the NCAA tournament in 1953 and second in 1954. Howard also captured individual titles in the 41 and Wilkes Open tournaments. Orlando Iacovelli was another two-time all-American, reaching the semifinals twice at 147 pounds.

Bob Marella was Ithaca's first all-American in the heavyweight division, placing second at the NCAA championships in 1959. Nicknamed "Tiny" during his undergraduate days, Marella once pinned an opponent in 18 seconds and was known for performing a cartwheel on his way to the mat. Marella went on to a professional



John Gemmell was the first Ithaca wrestler to reach the NCAA championship bout three times and was a 2008 inductee into the Ithaca Athletic Hall of Fame.

wrestling career with the World Wrestling Federation under the name "Gorilla Monsoon."

Heavyweight Jack Stanbro followed Marella with a second-place finish at nationals in 1960, and Terry Habecker rounded out the list of all-American wrestlers under Broadwell by placing fourth at 137 pounds in 1969.

The program's fortunes sagged in the 1970s, although Paul Iacovelli, Ron King and Ralph Salem were all-Americans. Ithaca was 45-59 in the decade under four different coaches. The period marked a divisional realignment by the NCAA, and Ithaca began competing in the Division III ranks. The Bomber program also joined the Independent College Athletic Conference. ICAC wrestling championships were held from 1970 to 1984, and Ithaca claimed the conference crown in 1974 and 1984.

The program was at a crossroads in 1980 when John Murray was hired as Ithaca's eighth wrestling coach.

Within two years Murray began producing nationally contending teams. During his last 12 seasons, Murray guided the Bombers into the top 15 at the national tournament 11 times. When he retired from coaching in 1995, he stood first among Ithaca wrestling coaches with 150 dual-match wins.

In Murray's 15 coaching seasons, 27 wrestlers earned 50 all-American honors, including three-time winners Mike Fusilli, Kent Maslin, Chris Matteotti, Bart Morrow, Mike Murtha, Marty Nichols and Bob Panariello. Morrow, who wrestled primarily at 134 pounds during his career, posted a perfect 48-0 dual-match record and was the Division III runner-up in his weight class in 1985 and 1986. Panariello excelled at 118 pounds and still holds the school record with 129 career wins.

The 1987-88 season marked the beginning of Ithaca's most successful three-year stretch. Mike Cronmiller became the school's first male athlete to win an individual national championship and, along with five other all-American efforts, helped Ithaca to a team-best third at the 1988 NCAA meet. The following year second-place showings by

Program History

Dan Bieller, Fusilli and Ron Gross, and fifth-place finishes from Joel Lamson and Nichols brought the Bombers a national championship.

In 1990 Ithaca played host to the national championship meet and successfully defended its title. Fusilli capped off the championship by winning the heavyweight title in the final match. He was joined by four other all-Americans: Cronmiller, Gross, Lamson and Nichols.

Another key contributor to the Bombers' success was assistant coach David Auble. A two-time NCAA champion at Cornell, Auble brought his considerable experience to the Ithaca program in 1987. He was named Division III assistant coach of the year by Wrestling USA magazine after Ithaca's first NCAA championship and continued to help coach the middle weights for a number of years. He returned to the program in 2004 as a volunteer assistant.

The Bombers won their third national championship in 1994. Ithaca jumped out to an early lead at the NCAA

tournament and fought off a Wartburg rally to win the title. Steve Farr won the 190-pound class, Maslin and Matt Sorochinsky both finished second and Matteotti and Murtha were awarded all-American recognition.

The 1995 season, Murray's last, saw Matteotti win the national championship at 190 and Jason Bovenzi win the 118-pound national title.

John Gemmell became Ithaca's first individual state champion at 118 pounds in 1996 and twice placed second at the Division III meet at that weight. In 1998 Gemmell capped his career with a national championship at 126 pounds. He was the first Ithaca wrestler to reach the finals three times.

A new era began in 1996 with the hiring of Bomber all-American Marty Nichols as head coach. Nichols has coached 27 all-Americans in his 13 years; six of those wrestlers reached the championship match, including national champions Gemmell and Tommy Hall.

ITHACA'S ALL-AMERICANS

1950	Jim LaRock	165	2nd		Mike Fusilli	190	6th		Ben Weiland	177	7th
1953	Jim Howard	130	3rd		Marty Nichols	150	6th	1996	John Gemmell	118	2nd
1954	Jim Howard	130	2nd		Rich Kane	HWT	8th	1997	John Gemmell	118	2nd
1959	Bob Marella	HWT	2nd	1989	Dan Bieller	177	2nd	1998	John Gemmell	126	1st
1960	Jack Stanbro	191	2nd		Mike Fusilli	190	2nd	1999	Tommy Hall	133	4th
1961	Orlando Iacovelli	147	4th		Ron Gross	142	2nd	2000	Ryan Ciotoli	157	2nd
1962	Orlando Iacovelli	147	3rd		Joel Lamson	126	5th		Felix Martinez	125	6th
1969	Terry Habecker	137	4th		Marty Nichols	150	5th	2001	Ryan Ciotoli	157	2nd
1974	Paul Iacovelli	190	4th	1990	Mike Cronmiller	158	3rd		Carlos Restrepo	125	4th
1975	Ron King	177	6th		Mike Fusilli	HWT	1st	2002	Ryan Ciotoli	157	6th
1979	Ralph Salem	177	6th		Ron Gross	142	5th		Tommy Hall	133	1st
1983	Bart Morrow	134	5th		Joel Lamson	126	2nd		Marc Israel	141	8th
	Bob Panariello	118	4th		Marty Nichols	150	2nd		Carlos Restrepo	125	2nd
1984	Glenn Cogswell	126	4th	1991	Bill Hadsell	190	8th	2003	Jeff Edelstein	184	8th
	Bill Condon	190	8th	1992	Lenny Bruehwiler	134	6th		Bill Parry	165	7th
	Dave Kittay	177	3rd		Kent Maslin	142	6th	2004	K.C. Beach	157	7th
	Bart Morrow	134	2nd		Chris Matteotti	118	7th	2005	K.C. Beach	157	7th
	Bob Panariello	118	2nd		Mike Murtha	177	7th		Marc Israel	165	3rd
1985	Dave Kittay	177	3rd		Dan Uhteg	190	4th	2006	Jad Duca	157	7th
	Bart Morrow	134	2nd	1993	Steve Farr	190	3rd		Matthias Keib	174	5th
1986	Glenn Cogswell	126	5th		Kent Maslin	142	5th		Robert Stubbs	184	8th
	Steve Hile	167	2nd		Mike Murtha	177	3rd	2007	Nick Calandrino	184	5th
	Rich Kane	HWT	4th		Matt Sorochinsky	158	3rd		Justin Seifried	133	7th
	Pete Mankowich	142	4th	1994	Steve Farr	190	1st	2008	Jon Gregory	125	8th
	Paul Schumann	118	6th		Kent Maslin	150	2nd	2009	Seth Ecker	125	6th
1987	Bob Panariello	118	3rd		Chris Matteotti	118	4th		Willie Horwath	157	8th
	Tom Mankowich	158	6th		Mike Murtha	177	5th		John Paxos	141	8th
1988	Dan Bieller	177	5th		Matt Sorochinsky	158	2nd		Chad Winowich	133	8th
	Tim Cotter	134	6th	1995	Jason Bovenzi	190	1st		Blaine Woszczak	149	4th
	Mike Cronmiller	158	1st		Chris Matteotti	118	1st				

All-America recognition is earned by placing among the top eight at the NCAA championships. Before 1967 all colleges competed in one division. From 1967-73 Ithaca competed at the NCAA College Division championships. Since 1973 Ithaca has competed at the NCAA Division III championships.

NCAA Championships

1989

UNIVERSITY HEIGHTS, Ohio—The Ithaca wrestling team used a balanced attack, including five all-Americans, to win the program's first national championship.

John Murray was selected by the National Wrestling Coaches Association as NCAA Division III coach of the year following the tournament.

Three wrestlers finished second for Ithaca. At 142 pounds, Ron Gross pinned his first two opponents and won superior decisions in the quarterfinals and semifinals. He lost in the championship match to three-

time national champion Shaun Smith of Delaware Valley. Dan Bieller lost a one-point decision in the 177-pound final, as did Mike Fusilli at 190 pounds. Fusilli had a difficult run, including two overtime decisions, before settling for second.

Joel Lamson claimed a 1-0 overtime decision in the consolation to earn fifth place. Marty Nichols rounded out the all-Americans, placing fifth. After being eliminated in the semifinals by three-time national champion Karl Monaco of Montclair State, Nichols won by fall.

Ithaca's other qualifiers were

Tim Cotter at 134 pounds and Randy Cotton at heavyweight.

Ithaca's previous top finish was third at the 1988 championship.

1989 RESULTS

1. ITHACA	72.50
2. Delaware Valley	64.50
3. Augsburg	61.50
4. John Carroll	59.00
5. Central	56.00
6. Montclair State	51.50
7. Cortland	42.50
Wartburg	42.50
9. Buena Vista	33.00
10. Kean	29.00

1990

ITHACA, N.Y.—The year of preparation that went into hosting the 1990 NCAA Division III Wrestling Championships at Ithaca paid off in a smooth-running event. No amount of planning, however, could have guaranteed a more exciting outcome for Ithaca fans.

Coach John Murray's team successfully defended its 1989 title. A crowning touch was Mike Fusilli winning an individual championship at heavyweight in the final match of the tournament. A jam-packed Ben Light Gymnasium watched Fusilli post a 13-5 win over Luther's Tom

Fye.

Two other Ithaca wrestlers reached the finals. At 126 pounds, Joel Lamson was edged out 2-0 by pretourney favorite Fritz Zagorski of Brockport, while 150-pounder Marty Nichols lost 7-3 to top-seeded Shawn Voight of Cornell College (Iowa). The runner-up results were a three-spot improvement for each Ithaca wrestler.

Mike Cronmiller and Ron Gross rounded out Ithaca's all-Americans in 1990. Cronmiller placed third in the 158-pound class and Gross was fifth at 142 pounds. Tim Habecker and Dan Bieller completed the list of Ithaca

qualifiers at nationals.

The Bombers joined Brockport and the College of New Jersey as the only schools to successfully defend Division III championships.

1990 RESULTS

1. ITHACA	81.00
2. Augsburg	64.00
3. Cortland	51.50
4. Buena Vista	49.75
5. Brockport	47.50
6. John Carroll	39.50
7. Central	38.00
8. Luther	33.00
9. Lycoming	32.50
10. UW-Stevens Point	31.00

1994

STEVENS POINT, Wis.—In a title chase that came down to the 190-pound championship match, Ithaca won its third national championship by edging out Wartburg, 77.75-75.

Ithaca and Wartburg went head-to-head in the 190 bout to determine the title, and Steve Farr won a 2-1, overtime, sudden-death decision over Jon Dawley. The two were tied 1-1 after regulation, then wrestled a scoreless overtime period. In the tiebreaker, Dawley won the coin toss and chose the down position. Dawley needed only an escape to win, but Farr held on for the 30-second period

to earn the victory. In the process, he became Ithaca's third individual national wrestling champion.

Like Farr, Kent Maslin and Matt Soroichinsky each reached the championship match. Maslin lost 8-7 in the 150-pound final, while 158-pounder Soroichinsky lost 2-1 in an overtime tiebreaker.

Chris Matteotti and Mike Murtha also earned all-American recognition by placing fourth and fifth at 118 and 177, respectively. Vinnie DiGiacomo, a 126-pound competitor, and 167-pounder Karl Zenie scored points for the Bombers as well.

John Murray was named Division III coach of the year by the National Wrestling Coaches Association after guiding seven qualifiers to the championship.

1994 RESULTS

1. ITHACA	77.75
2. Wartburg	75.00
3. New Jersey	66.00
4. Augsburg	62.00
5. Buena Vista	61.00
6. UW-La Crosse	45.00
7. UW-Stevens Point	34.00
8. Mount Union	33.00
9. Kean	32.25
10. Case Western	31.50

Ben Light Gymnasium

Ithaca College's main gymnasium was dedicated December 5, 1964. The facility was later named after former administrator Ben Light in action taken by the school's board of trustees in February of 1968. The wrestling arena, with seating capacity for 2,600 spectators, is housed in the Laurence S. Hill Physical Education Center.

Ben Light was a football, basketball and baseball standout at Ithaca College. A 1936 graduate, he was hired as a faculty member and coach. Following World War II Light took over the men's basketball program and guided the Bombers to a 70-51 record over the next seven seasons. In 1952 he was named the school's first director of admission and placement, and seven years later he became secretary of Ithaca College.

In 1968 Light was named vice president of development, a position he held until his death.

Laurence S. Hill was dean of physical education at Ithaca from 1929 until 1957. Both Light and Hill are members of the Ithaca College Athletic Hall of Fame.

Ben Light Gymnasium has played host to a number of important wrestling events, including the 1990 NCAA Division III championships. The Bombers, encouraged by the hometown crowd, captured their second straight national championship in that competition, capped by heavyweight Mike Fusilli's individual title in the final match.

The season-opening Ithaca Invitational, now in its 26th year, has showcased some of the nation's top collegiate wrestling talent. In 1989 Ithaca inaugurated the Division III National Dual Wrestling Championship. An event with a unique team format, the tournament returned to Ithaca in 1994. The Bombers hosted the NCAA Division III Northeast Regional qualifying tournament in 1986, the NCAA East Regional qualifier in 1989 and the ECWC Championships in 1995, 2001 and 2007. Ithaca was the site of the 1998 New York State Collegiate Championship, an all-division tournament that also was held at Ben Light Gymnasium in 1985.

Ithaca's wrestlers have excelled in Ben Light Gymnasium over the years. In addition to winning the national championship at home, the Bombers posted a 63-17-1



(.784) dual-match record in John Murray's 15 years as coach. The Bombers have won all three home dual matches and took first at the Ithaca Invitational last winter.

The facility is also the home arena for men's and women's basketball and intercollegiate gymnastics and volleyball.

ITHACA HOME RECORD

1964-2009

132-67-7, .657

Years	Won	Lost	Tied	Pct
1964-70	15	18	1	.456
1970-80	21	22	4	.489
1980-90	50	12	0	.806
1990-2000	23	10	2	.667
2000-09	23	5	0	.821
Totals	132	67	7	.657

HALL OF FAME

ITHACA COLLEGE ATHLETIC HALL OF FAME WRESTLING INDUCTEES (25)

Herb Broadwell '48 (1989)
Clyde Cole '34 (1971)
Mike Cronmiller '90 (2001)
Steve Farr '94 (2002)
Mike Fusilli '91 (1997)
John Gemmell '98 (2008)
Ron Gross '90 (2004)
Terry Habecker '69 (1979)

Jack Hantz '51 (2002)
Jim Howard '54 (1969)
Orlando Iacovelli '65 (1987)
Jim LaRock '51 (1969)
Bob Marella '59 (1973)
Chris Matteotti '96 (2009)
Ed Michael '65 (1993)
Bart Morrow '85 (1991)
John Murray (1995)

Marty Nichols '90 (1997)
Walter O'Connell '39 (1991)
Bob Panariello '87 (1994)
John Sacchi '66 (2008)
Matt Sorochinsky '95 (2003)
Jack Stanbro '61 (1984)
Paul Thomann '54 (2005)
Dan Uhteg '93 (2006)

Coaching Staff

MARTY NICHOLS

Head Coach



MARTY NICHOLS

Three-time all American Marty Nichols has continued success as the Bombers' coach. The 1990 Ithaca graduate was named NCAA rookie coach of the year after leading the Bombers to a 7-5 mark (improving on an 0-8 mark) and a 16th-place finish at the 1997 NCAA championships.

Over the past 12 years he has led Ithaca to eight top-20 finishes at nationals. In 2002 Ithaca recorded a sixth-place NCAA finish, won the ECWC title and produced four all-Americans, including national champion Tommy Hall. A total of 14 more all-Americans have been crowned over the past six years, including five for last year's sixth-place NCAA team. Nichols is the two-time reigning ECWC Coach of the Year and was named last year's New York Collegiate Coach of the Year as well.

One of eight three-time all-American wrestlers at Ithaca and a member of the program's first two NCAA champion teams, Nichols was inducted into the Ithaca College Athletic Hall of Fame in 1997.

Nichols qualified for nationals all four years, winning four 150-pound regional titles. As a sophomore he finished sixth at the NCAA meet. His junior season featured 32 wins, a 13-2 dual-match mark and a fifth-place finish at nationals, helping the Bombers win their first NCAA title.

As a senior Nichols recorded a 32-5 mark, eight pins, an Ithaca Invitational title and runner-up showings at the state and NCAA championships as Ithaca defended its national title. Nichols earned a spot on the NWCA all-academic team and was presented with Ithaca's Clyde "Whitey" Cole Scholar-Athlete Award after receiving the Jack Stanbro "Heart" Award as a junior.

Nichols is fourth on Ithaca's career list with 115 overall victories and 42 dual-match wins.

From 1990 to 1992 he was an assistant coach at Division I Cornell. The Big Red won the Ivy League title both seasons and claimed the eastern title in 1992. Nichols then spent two years coaching at Ithaca High School, before returning to Ithaca College as an assistant for the 1994-95 season. The Bombers placed third at the NCAA championships that year.

THE NICHOLS FILE

EDUCATION

1990, bachelor's degree in physical education, Ithaca College
 1996, master's degree in health education, Cortland; Cortland, N.Y.

COACHING EXPERIENCE

HIGH SCHOOL COACHING

1992-93, assistant wrestling coach, Ithaca High School; Ithaca, N.Y.
 1993-94, head wrestling coach, Ithaca High School; Ithaca, N.Y.

COLLEGE COACHING

1990-92, assistant wrestling coach, Cornell University; Ithaca, N.Y.
 1994-96, assistant wrestling coach, Ithaca College
 1996-present, head wrestling coach, Ithaca College

CAREER AT ITHACA

Year	Dual Meets	Overall	Regional	NCAA
1986-87	7-2	23-12	1st	
1987-88	8-3	28-11	1st	6th
1988-89	13-1	32-10	1st	5th
1989-90	14-2	32-5	1st	2nd
Totals	42-8	115-38		

ASSISTANT COACHES



DAVE AUBLE



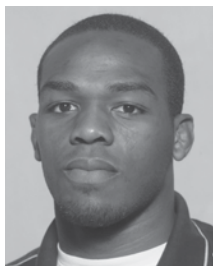
CHRIS DAVIS



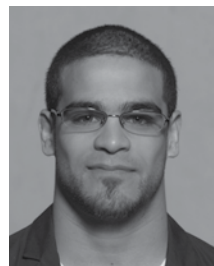
MIKE FUSILLI



MARC ISRAEL



JON JONES



EVAN VELEZ

2009-10 Roster

Name	Wt.	Year	High School/Prep	Hometown
AMAZAN, Junior	141	Jr.	Uniondale	Hempstead
ANDOLENA, Steve	157	Jr.	Ramsey	Ramsey, N.J.
BAUER-MOSHI, Gili	184/197	Fr.	Sleepy Hollow	Tarrytown
BEACH, Joe	174	Fr.	South Jefferson	Adams
BENCOSME, Dennis	165	Jr.	Sleepy Hollow	Sleepy Hollow
BRENON, Derek	157	So.	Immaculate Heart Central	Watertown
* CARABELLO, Chris	184	So.	Governor Mifflin	Shillington, Pa.
COHEN, Max	133	So.	Williamsville East	East Amherst
CONDIDORIO, Chad	125	So.	LeRoy	LeRoy
CONNORS, Evan	149	Fr.	Phillips Exeter Academy [N.H.]/ Lowell	North Weymouth, Mass.
** DALE, John	165	Sr.	North Penn	Landsdale, Pa.
DeFREITAS, Nicholas	141	Fr.	Westfield	Westfield, N.J.
DOLDO, Antonio	165	Fr.	Immaculate Heart Central	Watertown
* ECKER, Seth	133	So.	Pottstown	Pottstown, Pa.
FACENDA, Jamie	184	Jr.	James Madson	Vienna, Va.
FRASER, Jason	149	Fr.	Alfred-Almond	Alfred
GEER, Colin	157	Fr.	Byron-Bergen	Brockport
** GOETZ, Joe	HWT	Sr.	Sewanhaka	New Hyde Park
** GREGORY, Jon	125	Sr.	Phillipsburg	Phillipsburg, N.J.
HECKMAN, Tom	184/197	So.	Cedar Cliff	Mechanicsburg, Pa.
HOLMES, Connor	184	Fr.	St. Joseph Regional	Washington, N.J.
*** HORWATH, Willie	157	Sr.	Liberty	Bethlehem, Pa.
JOHNSON, Matt	HWT	Jr.	St. Joseph's	Lancaster
KRAMER, Doug	157	So.	Bellport	Medford
MACK, Scott	174	Jr.	Governor Livingston	Berkeley Heights, N.J.
MAHON, Matt	HWT	So.	Brighton	Rochester
MENDEZ, Josue	165/174	Fr.	Brentwood	Brentwood
** PRIEST, Dave	174	Jr.	Wyomissing	Douglassville, Pa.
SANKO, Nick	149/157	Jr.	Hamburg Area	Lenhartsville, Pa.
** SBRISCIA, Dave	197	Sr.	Warren Hills	Stewartsville, N.J.
* SEIFRIED, Justin	141	Sr.	Mohawk Central	Herkimer
SMALDONE, Joe	125	Fr.	Geneva	Geneva
STARK, Brandon	174	Jr.	Central Bucks South	Warrington, Pa.
STIERLY, Jeremy	141	Jr.	Owen J. Roberts	Pottstown, Pa.
** WINOWICH, Chad	133	Sr.	Abington Heights	Clarks Summit, Pa.
** WOSZCZAK, Blaine	149	Jr.	Wall	Manasquan, N.J.

* Letters won (10 letter winners returning)

Head Coach: Marty Nichols

Assistant Coaches: Dave Auble, Mike Fusilli, Marc Israel, John Jones

Captains: Joe Goetz, Jon Gregory, Chad Winowich

Managers: Stephanie Allen, Ebe Kiis, Kristen Olsen

COMPLETE PLAYER BIOS AVAILABLE IN ONLINE ROSTER

Statistics / Results

2008-09 STATISTICS

Name	Overall	Duals	Maj. Dec.	Tech Falls	Falls	Points
JUNIOR AMAZAN	15-11	0-0	1	3	6	11.0
STEVE ANDOLENA	3-4	0-0	0	0	1	3.5
DENNIS BENCOSME	4-10	0-0	0	0	2	6.5
CHRIS CARABELLO	17-11	5-5	3	0	6	53.5
MAX COHEN	4-10	0-0	1	0	1	4.5
CHAD CONDIDORIO	19-8	5-1	4	1	7	51.5
JOHN DALE	2-1	2-1	0	0	0	6.0
Bryan Dine	5-6	0-0	0	0	2	0.0
SETH ECKER	24-8	7-1	3	7	7	83.0
Scott Edwards	16-11	9-3	1	2	0	39.5
JAMIE FACENDA	5-15	2-3	0	0	0	6.0
JOE GOETZ	17-5	6-2	1	0	7	48.0
JON GREGORY	3-1	0-0	0	1	0	4.0
TOM HECKMAN	9-15	3-7	0	0	0	9.0
Simon Ho	0-2	0-0	0	0	0	0.0
WILLIE HORWATH	36-10	15-0	7	2	8	101.5
Andrew Hutchins	1-3	0-0	0	0	0	1.0
MATT JOHNSON	1-2	0-0	0	0	1	3.0
DOUG KRAMER	0-2	0-0	0	0	0	0.0
ANTHONY LEBBAD	9-16	2-4	2	2	0	16.5
MATT MAHON	19-8	1-0	2	0	9	39.0
Todd Patterson	1-2	0-0	0	1	1	1.0
John Paxos	26-10	9-2	5	0	12	95.0
DAVID PRIEST	27-5	10-0	2	1	1	65.5
AJ ROSENBERG	4-2	0-0	0	1	1	6.5
DAVE SBRISCIA	17-8	3-1	2	0	9	39.0
JOHN SCHEIDELL	3-4	0-0	0	0	0	1.0
JUSTIN SEIFRIED	10-6	1-1	1	0	2	13.0
BRANDON STARK	7-10	1-3	1	0	0	10.0
JEREMY STIERLY	21-10	1-0	6	2	3	36.0
MIKE TOSCANO	5-2	1-0	0	0	2	6.0
CHAD WINOWICH	22-8	8-1	7	0	4	54.5
BLAINE WOSZCZAK	32-11	13-2	5	4	11	112.5

* Returning wrestlers in CAPITAL LETTERS.

2008-09 RESULTS

Date	Opponent	W-L-T	IC-Opp	Date	Opponent	W-L-T	IC-Opp
11/8-9	Ithaca Invitational		First of 15	1/16-17	NYS Collegiate Championships		
11/15	Mount St. Joseph & King's & Centenary (N.J.) & Scranton &	W	37-2		at Oswego		Fourth of 17
		W	40-3	1/29	at #30 Lycoming	W	30-9
		W	35-10	2/4	Oneonta	W	32-6
		W	50-0	2/7	#20 Wilkes	W	29-10
11/17	at Cornell Invitational		---	2/11	at #23 Cortland	W	25-9
12/11	RIT	W	32-9	2/23	Empire Collegiate Wrestling Championships		
12/13	at Oswego	W	22-22		at Oneonta		First of eight
12/29	Sunshine Wrestling Classic		---	3/7-8	NCAA Championships		
1/9	vs. Rhode Island College a	W	34-9		at Loras		Sixth of 62
	Hunter a	W	33-9				
	#27 Messiah a	W	37-6				
1/10	#16 Wilkes a	W	26-13				
	#5 Wis.-Whitewater a	L	15-23				

& = John Reese Duals at Wilkes;
a = Budd Whitehill National Duals at Lycoming (Second of 20)

All-Time Results

YEAR-BY-YEAR RESULTS (PRE-ECWC)

Year	Record	Coach	Captains	N.Y.	NCAA
1930-31	4-3-0	Walter O'Connell	Meet Captains	—	—
1931-32	1-3-0	Walter O'Connell	Meet Captains	—	—
1932-33	1-3-1	Walter O'Connell	Meet Captains	—	—
1933-34	2-3-0	Walter O'Connell	Meet Captains	—	—
1934-35	0-4-0	Walter O'Connell	Meet Captains	—	—
1935-36	0-1-0	Walter O'Connell	Meet Captains	—	—
1936-46		Sport Discontinued			
1946-47	2-5-0	Clyde Cole	Meet Captains	—	—
1947-48	4-0-1	Clyde Cole	Ed VanGorder	—	—
1948-49	5-3-0	Clyde Cole	Don Robinson	—	14th
1949-50	7-2-0	Clyde Cole	Dick Hover, Jim LaRock	—	7th
1950-51	5-3-0	Herbert Broadwell	Bill Brickey	—	—
1951-52	6-0-1	Herbert Broadwell	Fred March, Al Peterson		
1952-53	8-1-0	Herbert Broadwell	Ed Manginelli	—	19th
1953-54	5-4-0	Herbert Broadwell	Jim Howard, Ed Pucek	—	14th
1954-55	4-3-0	Herbert Broadwell	John Dekay, Dom Vistocco	—	—
1955-56	4-6-0	Herbert Broadwell	Don Bills, Dom Vistocco	—	—
1956-57	4-6-0	Herbert Broadwell	Dave Whitlock, Sam Zuccarelli	—	—
1957-58	4-5-1	Herbert Broadwell	Ross Violi, Dave Whitlock	—	—
1958-59	5-5-0	Herbert Broadwell	Bob Marella, Ross Violi	—	16th
1959-60	6-4-0	Herbert Broadwell	Wendon Canough, Jim Valentine	13th	14th
1960-61	3-7-0	Herbert Broadwell	Dick Bona, Joe Sangiorgi	—	—
1961-62	4-6-0	Herbert Broadwell	Lou Ricks, Gary Ruberti	—	25th
1962-63	3-7-0	Herbert Broadwell	Charles Henke, Gary Ruberti	—	—
1963-64	7-4-0	Herbert Broadwell	Blaise Iulinao, Lou Ricks	—	40th
1964-65	8-4-0	Herbert Broadwell	Ed Michael, John Puleo	—	—
1965-66	4-8-0	Herbert Broadwell	Bob Franciamone, John Sacchi	—	—
1966-67	7-5-0	Herbert Broadwell	Gary Foote, Bob Franciamone	—	—
1967-68	4-6-2	Herbert Broadwell	Terry Habecker, Mike Turco	—	—
1968-69	3-8-1	Herbert Broadwell	Bob Auble, Terry Habecker	—	24th
1969-70	5-5-1	Herbert Broadwell	Tom Hochfelder, Bill Meisner	—	38th
1971-72	5-6-1	Louis Munch	Wayne Ferguson, Jack Greene	—	—
1972-73	7-4-0	Mike Greene	Wayne Ferguson	14th	—
1973-74	6-6-1	Mike Greene	Jim Along	14th	16th
1974-75	5-4-0	Mike Greene	Dave Kleinfelder, Ron King	13th	33rd
1975-76	2-9-1	Mike Greene	Jim Alnog	—	—
1976-77	3-7-0	Mike Greene	Jeff Capogrossi	14th	—
1977-78	3-5-2	Tony Peraza	Rich Morton	15th	—
1978-79	6-4-2	Tony Peraza	Rich Morton	8th	39th
1979-80	2-9-0	Ron King	Ralph Salem, Ron Schenk	16th	—
1980-81	2-6-0	John Murray	Bill Bray, Ron Schenk	17th	—
1981-82	7-7-0	John Murray	Bill Bray	13th	—
1982-83	12-3-0	John Murray	Ron Schenk, Tim Wilmot	8th	14th
1983-84	13-2-0	John Murray	Bart Morrow	7th	5th
1984-85	15-0-0	John Murray	Bill Condon, Dave Kittay, Bart Morrow	3rd	12th
1985-86	13-2-0	John Murray	Glenn Cogswell, Chris Ledyard	10th	4th
1986-87	12-3-0	John Murray	Bob Panariello, Paul Schumann	6th	11th
1987-88	15-0-0	John Murray	Rich Kane, Joel Lamson, Paul Mankowich	5th	3rd
1988-89	12-3-0	John Murray	Joel Lamson	5th	1st
1989-90	11-7-0	John Murray	Joel Lamson	4th	1st
1990-91	7-8-0	John Murray	Ray LeChase	10th	39th

* The NCAA championships prior to 1968 were Division I competition. From 1968-73 Ithaca participated in the College Division.

All-Time Results

YEAR-BY-YEAR RESULTS (ECWC ERA)

Year	Record	Coach	Captains	N.Y.	ECWC	NCAA
1991-92	11-3-0	John Murray	Lenny Bruehwiler, Kent Maslin	5th	1st	8th
1992-93	7-9-0	John Murray	Steve Farr, Kent Maslin, Chris Olive	5th	1st	4th
1993-94	7-2-1	John Murray	Kent Maslin, Karl Zenie	6th	1st	1st
1994-95	6-4-0	John Murray	Matt Sorochinsky, Chris Matteotti, Ben Weiland	6th	1st	3rd
1995-96	0-8-0	Dave Ruckman	Michael Steinbar, Brian Walch	11th	5th	T22nd
1996-97	7-5-0	Marty Nichols	John Gemmell, Matt Magner	7th	4th	16th
1997-98	9-7-0	Marty Nichols	John Gemmell, Mike Spudic	6th	4th	16th
1998-99	11-3-0	Marty Nichols	Chuck Maragioglio	9th	4th	T27th
1999-2000	5-7-1	Marty Nichols	Tommy Hall, John Strong	7th	2nd	15th
2000-01	10-8	Marty Nichols	Ryan Ciotoli, Tommy Hall, Carlos Restrepo	8th	3rd	12th
2001-02	10-6	Marty Nichols	Ryan Ciotoli, Tommy Hall, Carlos Restrepo	14th	1st	6th
2002-03	13-3	Marty Nichols	Andrew Locke, Bill Parry	8th	2nd	23rd
2003-04	11-4	Marty Nichols	KC Beach, Jeff Edelstein, Bryan Petti	7th	3rd	25th
2004-05	14-2	Marty Nichols	K.C. Beach, Bryan Petti	—	2nd	10th
2005-06	7-8	Marty Nichols	Matthias Keib, Robert Stubbs	5th	3rd	13th
2006-07	9-3	Marty Nichols	Nick Calandrino, Adam Johnson	6th	3rd	17th
2007-08	11-5	Marty Nichols	Scott Edwards	8th	1st	29th
2008-09	15-1	Marty Nichols	Scott Edwards, Jon Gregory, Chad Winowich	4th	1st	6th

ACADEMIC HONORS

1983	Larry Colagiovanni	150	NWCA Scholar All-American	2004	Marc Israel	165	NWCA Scholar All-American
1984	Larry Colagiovanni	150	NWCA Scholar All-American				District I All-Academic Team
1985	Glen Cogswell	126	NWCA Scholar All-American				Second-Team Academic
	Dave Kittay	177	NWCA Scholar All-American				All-American
1986	Chris LoPresto	134	NWCA Scholar All-American		Bryan Petti	197	NWCA Scholar All-American
	Paul Schumann	118	NWCA Scholar All-American		Greg Skiff	149	NWCA Scholar All-American
1987	Paul Schumann	126	NWCA Scholar All-American		Robert Stubbs	184	NWCA Scholar All-American
1990	Marty Nichols	150	NWCA Scholar All-American	2005	K.C. Beach	157	NWCA Scholar All-American
1992	Karl Zenie	167	NWCA Scholar All-American		Marc Israel	165	NWCA Scholar All-American
1993	Karl Zenie	167	NWCA Scholar All-American				District I All-Academic Team
1994	Karl Zenie	167	NWCA Scholar All-American				First-Team Academic
			District I All-Academic Team				All-American
1995	Chris Pierce	167	NWCA Scholar All-American		Bryan Petti		HWTNWCA Scholar All-American
	Brian Walch		HWTNWCA Scholar All-American		Robert Stubbs	184	NWCA Scholar All-American
1998	John Gemmell	126	NWCA Scholar All-American	2006	Nick Calandrino	197	NWCA Scholar All-American
2001	Carlos Restrepo	125	NWCA Scholar All-American		Matthias Keib	174	NWCA Scholar All-American
2002	Carlos Restrepo	125	NWCA Scholar All-American		Brian Lockard	165	NWCA Scholar All-American
2003	K.C. Beach	157	NWCA Scholar All-American		Robert Stubbs	184	NWCA Scholar All-American
	Jad Duca	149	NWCA Scholar All-American				District I All-Academic Team
	Marc Israel	149	NWCA Scholar All-American	2007	Nick Calandrino	184	NWCA Scholar All-American
	Bill Parry	165	NWCA Scholar All-American				District I All-Academic Team
	Bryan Petti	197	NWCA Scholar All-American	2009	Chad Winowich	133	NWCA Scholar All-American

All-Time Results

SERIES RECORDS

Opponent	W-L-T	Opponent	W-L-T	Opponent	W-L-T
Albany	9-3-0	Elmira YMCA	1-0-1	Queens	3-0-0
Albright	1-0-0	Franklin & Marshall	0-1-0	Rensselaer	11-2-1
Alfred	14-3-0	Geneseo	3-1-1	Opponent	W-L-T
American	0-1-0	Georgia State	1-0-0	Rochester	4-1-0
American International	2-1-0	Hartwick	10-1-0	Rhode Island College	5-1-0
Army	0-3-0	Heidelberg	0-2-0	RIT	39-16-1
Ashland	0-1-0	Hobart	3-0-0	St. John Fisher	3-1-1
Augustana	3-0-0	Hunter	1-0-0	Sacred Heart	0-1-0
Baldwin-Wallace	4-1-0	Iowa	0-1-0	Sampson	2-2-0
Baptist Bible	3-0-0	John Carroll	2-3-0	Scranton	3-0-0
BINGHAMTON	12-12-1	Johnson & Wales	3-0-0	Seton Hall	0-1-0
Bloomsburg	0-1-0	Kean	3-0-0	Simpson	1-1-0
Boston College	1-0-0	King's (Pa.)	3-1-0	Southern Connecticut	1-1-0
BOSTON UNIVERSITY	0-0-0	Lawrence	1-0-0	Southern Maine	1-0-0
Brockport	4-9-1	Lock Haven	1-19-1	Springfield	6-4-0
Brooklyn Poly	2-0-0	Loras	0-6-0	Stetson	1-0-0
Brown	1-0-0	Luther	0-2-0	Syracuse	2-11-0
Buena Vista	1-0-0	LYCOMING	9-6-0	Thiel	6-0-0
Buffalo	18-11-0	Manchester	0-1-0	Toronto	1-0-0
California State-Fullerton	0-1-0	Manhattan	1-0-0	Trinity (Conn.)	1-0-0
Capital	1-0-0	Mansfield	16-10-1	Union	1-0-0
Carson-Newman	1-0-0	Mercyhurst	1-0-0	Upper Iowa	1-1-0
Case Western Reserve	2-2-0	Messiah	4-0-0	Ursinus	1-0-0
Centenary (N.J.)	1-0-0	Michigan	0-1-0	Virginia Military Institute	1-0-0
Central Michigan	0-1-0	Mohawk	1-1-0	Virginia State	1-0-0
Champlain	1-0-0	Montclair State	9-1-0	Virginia Tech	0-1-0
Chicago	1-0-0	Moravian	1-0-0	Wabash	1-0-0
Clarkson	22-7-0	Mount St. Joseph	2-0-0	Waynesburg	0-2-0
Coast Guard	2-0-0	Mount Union	0-2-0	West Chester	0-2-0
Coe	1-0-0	Muhlenberg	0-0-0	Wesleyan	2-0-0
Colgate	1-3-0	Muskingum	1-0-0	WILKES	17-20-0
College of New Jersey	3-7-0	New York University	2-0-0	Williams	2-0-0
Cornell	3-11-0	North Carolina State	0-2-0	Winona	0-1-0
Cornell J.V.	1-2-1	Northern Iowa	0-1-0	Wisconsin-Lacrosse	0-4-0
CORTLAND	31-35-3	Norwich	1-0-0	Wisconsin-Stevens Point	1-0-1
C.W. Post	1-0-0	Ohio	0-2-0	Wisconsin-Whitewater	1-1-0
Dayton	1-0-0	Ohio Northern	3-0-0	York (Pa.)	0-1-0
Delaware State	1-0-0	ONEONTA	30-7-1		
Delaware Valley	1-4-0	OSWEGO	30-17-3	Totals	448-311-18
East Stroudsburg	9-4-0	Pembroke	0-1-0		
Eastern Michigan	0-2-0	Pennsylvania	0-1-0		
Opponent	W-L-T	Potsdam	10-2-0		

Record Book

ALL-TIME WINS LEADERS

No.	Wrestler (seasons)	Overall	Duals	All-American
1.	Bob Panariello (1982-87)	129-15-0	45-1-0	1983, 1984, 1987
2.	Bart Morrow (1981-85)	122-17-0	48-0-0	1983, 1984, 1985
3.	Marc Israel (2001-05)	119-32-0	43-7-0	2002, 2005
T4.	Mike Fusilli (1986-90)	115-38-1	42-10-0	1988, 1989, 1990
	Marty Nichols (1986-90)	115-38-0	42-9-0	1988, 1989, 1990
6.	Ron Gross (1986-90)	113-41-1	37-14-1	1989, 1990
T7.	Matt Sorochinsky (1991-95)	107-32-3	27-5-3	1993, 1994
	Joel Lamson (1986-90)	107-34-3	34-13-2	1989, 1990
T9.	Rich Kane (1983-87)	103-36-3	36-9-1	1986, 1988
	K.C. Beach (2001-05)	103-50-0	33-14-0	2004, 2005
	Robert Stubbs (2002-06)	103-40-0	40-8-0	2006
12.	Nick Calandrino (2003-07)	101-37-0	41-11	2007
13.	Carlos Restrepo (1997-2002)	100-35-0	39-13-0	2001, 2002
14.	Glenn Cogswell (1982-86)	99-31-1	38-7-1	1984, 1986
15.	Tim Habecker (1986-90)	98-35-3	39-10-2	
16.	Matthias Keib (2002-06)	98-49-0	39-9-0	2006
17.	David Kittay (1981-85)	97-28-0	36-10-0	1984, 1985
T18.	Kent Maslin (1990-94)	93-27-2	34-11-2	1992, 1993, 1994
	Jad Duca (2001-06)	93-34-0	32-3-0	2006
20.	Dan Bieller (1986-90)	91-40-1	29-10-1	1988, 1989
	WILLIE HORWATH	91-32-0	30-5-0	2009

TEAM RECORDS

Points

Meet: 59; vs. Rensselaer, 1984-85
Season: 586; 1984-85

Opponent Points

Meet: 56; vs. Cortland, 1979-80
Season: 354; 1979-80

Pins by Ithaca

Meet: 8; vs. Oneonta, 1984-85

Pins by Opponent

Meet: 7; vs. Iowa, 1990-91

Season Records

Takedowns, Season: 973; 2002-03
Falls, Season: 100; 1986-87
Wins, Season: 15; 1987-88, 1984-85
Losses, Season: 9; 1979-80, 1975-76
Winning Percentage, Season: 1.000; 1987-88, 1984-85 (15-0)
Consecutive Wins: 21; 1984-85 to 1985-86
Consecutive Losses: 9; 1994-95 to 1995-96
Consecutive Winning Seasons: 9; 1981-82 to 1989-90
Unbeaten Seasons: 1987-88 (15-0), 1984-85 (15-0),
1951-52 (6-0-1), 1947-48 (4-0-1)
Overall Varsity Record: 422-295-18, .588

INDIVIDUAL RECORDS

Fastest Fall

Meet: 0:10; Mike Fusilli (190) vs. Binghamton, 1987-88

Points

Meet: 36; Bart Morrow (134) vs. Rensselaer, 1984-85
Season: 80; Bart Morrow (134), 1984-85

Pins

Career: 54; Nick Calandrino (184/197), 2003-07

Falls

Season: 17; Nick Calandrino (184), 2006-07

Dual-Meet Wins

Season: 17; Ryan Ciotoli (157), 2000-01
Career: 48; Bart Morrow (134), 1981-85

Overall Wins

Career: 129; Bob Panariello (118/126), 1982-87
Draws, Season: 3; Matt Sorochinsky (158), 1991-92
3; Mike Turco (145), 1966-67
Draws, Career: 4; Bob Marella (HWT), 1955-59

Wins by Default and/or Forfeits

Season: 4; Rich Kane (HWT), 1985-86
Career: 11; Rich Kane (HWT), 1984-88

Takedowns

Season: 174; Marc Israel (165), 2003-04

Unbeaten Dual-Meet Records

Career: 48-0; Bart Morrow (134), 1981-85
31-0; Jim LaRock (167), 1948-52
26-0; Orlando Iacovelli (157), 1961-64
23-0; Jim Howard (130), 1951-54

Record Book

COACHING RECORDS

Name (seasons)	Years	Won	Lost	Tied	Pct
John Murray (1980-95)	15	150	59	1	.717
MARTY NICHOLS (1996-present)	13	141	61	1	.697
Herbert Broadwell (1950-70)	20	99	97	6	.505
Mike Greene (1972-77)	5	23	30	2	.436
Clyde Cole (1946-50)	4	18	10	1	.638
Louis Munch (1970-72)	2	11	11	2	.500
Tony Peraza (1977-79)	2	9	9	4	.500
Walter O'Connell (1930-36)	6	8	17	1	.327
Ron King (1979-80)	1	2	9	0	.182
Dave Ruckman (1995-96)	1	0	8	0	.000
Totals	69	461	311	18	.594

UNBEATEN SEASONS

No.	Wrestler (season)	Weight	Record
1.	Ryan Ciotoli (2000-01)	157	17-0-0
2.	WILLIE HORWATH (2008-09)	157	15-0-0
	Bart Morrow (1984-85)	134	15-0-0
	Bart Morrow (1983-84)	134	15-0-0
5.	Bob Panariello (1983-84)	118	14-0-0
6.	Dave Kittay (1984-85)	177	13-0-0
	Bob Panariello (1982-83)	118	13-0-0
8.	Terry Habecker (1968-69)	137	12-0-0
	Bob Franciamone (1966-67)	137	12-0-0
10.	Tim Habecker (1987-88)	167	11-0-1
11.	DAVID PRIEST (2008-09)	174	10-0-0
	Bart Morrow (1982-83)	134	10-0-0
	Steve Farr (1991-92)	HWT	10-0-1
14.	Bob Panariello (1986-87)	118	9-0-0
	Greg Smith (1981-82)	HWT	9-0-1
	Bob Marella (1958-59)	HWT	9-0-1
	Mort Schlein (1952-53)	HWT	9-0-0
18.	Bart Morrow (1981-82)	134	8-0-0
	Bob Marella (1957-58)	HWT	8-0-1
20.	Jason Bovenzi (1994-95)	190-HWT	7-0-0
	Bob Jones (1970-71)	126	7-0-1
	Paul Thomann (1951-52)	177	7-0-0

WRESTLING SHUTOUTS

SHUTOUTS BY ITHACA (22)

1930-31	Ithaca 35, Cortland 0
1946-47	Ithaca 38, Elmira YMCA 0
1949-50	Ithaca 43, Queens 0
1959-60	Ithaca 34, Alfred 0
1964-65	Ithaca 26, Hartwick 0
1981-82	Ithaca 51, Rensselaer 0
1982-83	Ithaca 48, Scranton 0
	Ithaca 55, Rensselaer 0
1983-84	Ithaca 60, Baptist Bible 0
	Ithaca 58, Rensselaer 0
1984-85	Ithaca 54, Oneonta 0
	Ithaca 50, Oswego 0
	Ithaca 54, Clarkson 0
	Ithaca 59, Rensselaer 0
1986-87	Ithaca 40, Kean 0
	Ithaca 51, RIT 0
1987-88	Ithaca 48, Albany -1
1988-89	Ithaca 43, Binghamton 0
	Ithaca 48, RIT 0
1989-90	Ithaca 41, Oswego 0
	Ithaca 47, RIT 0
2002-03	Ithaca 53, Southern Maine 0
2007-08	Ithaca 38, Simpson 0
2008-09	Ithaca 50, Scranton 0

FASTEST FALLS

BY WEIGHT CLASS

118	Bob Panariello vs. Brown (1983-84)	0:38
126	Paul Schumann vs. Potsdam (1983-84)	0:28
134	Glen Locke vs. RIT (1986-87)	1:21
142	Paul Mankowich vs. Clarkson (1983-84)	0:21
150	Marty Nichols vs. Montclair State (1987-88)	0:14
158	Steve Davis vs. Rensselaer (1982-83)	0:26
167	Steve Davis vs. Mansfield (1981-82)	0:21
177	Bill Bray vs. RIT (1980-81)	0:30
190	Mike Fusilli vs. Binghamton (1987-88)	0:10
HWT	Bob Marella vs. Clarkson (1957-58)	0:18

Record Book

CONFERENCE AND REGIONAL CHAMPIONS

1971	Wayne Ferguson	167	Bob Panariello	118	Mike Cronmiller	158	1998	Dan Butler	158		
	Paul Iacovelli	177	1985	Rich Kane	HWT	Mike Fusilli	HWT	John Gemmell	126		
	Lawrence Wennogle	150		Dave Kittay	177	Ron Gross	142	1999	Ryan Ciotoli	149	
1972	Jack Greene	HWT		Pete Mankowich	142	Joel Lamson	126	2000	Ryan Ciotoli	157	
	Paul Iacovelli	177		Bart Morrow	134	Marty Nichols	150		Tommy Hall	133	
	Ron King	167	1986	Rich Kane	HWT	1991	Lenny Bruehwiler	134		Felix Martinez	125
1973	Jack Greene	HWT		Pete Mankowich	142		Randy Cotton	HWT	2001	Ryan Ciotoli	157
	Paul Iacovelli	177	1987	Dan Bieller	177		Bill Hadsell	190		Carlos Restrepo	125
	Dave Kleinfelder	118		Ron Gross	142	1992	Vinnie DiGiacomo	126	2002	Ryan Ciotoli	157
1974	Jim Along	134		Glenn Locke	134		Mike Murtha	177		Marc Israel	141
	Paul Iacovelli	177		Marty Nichols	150	1993	Steve Farr	190		Carlos Restrepo	125
	Ron King	167		Bob Panariello	118		Kent Maslin	142		Bryan Steele	HWT
	Dave Kleinfelder	126	1988	Dan Bieller	177		Chris Matteotti	118	2004	Matthias Keib	174
	Dave Remick	177		Mike Cronmiller	158		Mike Murtha	177	2005	K.C. Beach	157
1975	Jim Along	142		Mike Fusilli	190		Matt Sorochinsky	158		Marc Israel	165
	Ron King	167		Ron Gross	142	1994	Vinnie DiGiacomo	126		Kyle Kemmerer	125
	Dave Kleinfelder	126		Tim Habecker	167		Steve Farr	190		Robert Stubbs	184
1979	Ralph Salem	177		Joel Lamson	126		Kent Maslin	150	2006	Nick Calandrino	197
1981	Bill Bray	167		Marty Nichols	150		Chris Matteotti	118		Jad Duca	157
1983	Glenn Cogswell	126	1989	Dan Bieller	177		Mike Murtha	177		Robert Stubbs	184
	Bart Morrow	134		Tim Cotter	134		Matt Sorochinsky	158	2007	Justin Seifried	133
	Bob Panariello	118		Randy Cotton	HWT	1995	Jason Bovenzi	190	2008	Jon Gregory	125
1984	Glenn Cogswell	126		Mike Fusilli	190		Chris Matteotti	118	2009	Chris Carabello	197
	Larry Colagiovanni	158		Ron Gross	142		Matt Sorochinsky	158		Seth Ecker	125
	Bill Condon	190		Joel Lamson	126	1996	John Gemmell	118		David Priest	174
	Dave Kittay	177		Marty Nichols	150	1997	Dan Butler	158		Chad Winowich	133
	Bart Morrow	134	1990	Tim Cotter	134		John Gemmell	118			

* From 1971 to 1984 Ithaca wrestlers qualified for national competition through the Independent College Athletic Conference (ICAC) championships. Beginning in 1985 qualifying was switched to the NCAA East Regionals. The 1991-92 season brought the Empire Collegiate Wrestling Conference qualifier. Each season, conference and regional champions qualify for the NCAA championships along with a predetermined number of wild-card selections.

NCAA AT-LARGE QUALIFIERS

1982	Bill Bray (177)	1992	Lenny Bruehwiler (134), Steve Farr (HWT), Kent Maslin (150), Chris Matteotti (118), Matt Sorochinsky (158), Alan Teran (150), Dan Uhteg (190)	2002	Tommy Hall (133) —national champion
1984	Paul Mankowich (142)	1993	Karl Zenie (167)	2003	Jad Duca (149), Jeff Edelman (184), Bill Parry (165)
1985	Bill Condon (190), Larry Iacovelli (158)	1994	Karl Zenie (167)	2004	K.C. Beach (157), Marc Israel (165)
1986	Glenn Cogswell (126), Steve Hile (167), Paul Schumann (118)	1995	Chris Pierce (167), Ben Weiland (177)	2005	Jad Duca (149), Matthias Keib (174)
1987	Rich Kane (HWT), Tom Mankowich (158), Paul Schumann (126)	1996	Dan Butler (158), Brian Walch (HWT)	2006	Matthias Keib (174)
1988	Brad Batista (118), Tim Cotter (134), Rich Kane (HWT)	1997	Felix Martinez (126), Matt Magner (142)	2007	Nick Calandrino (184)
1990	Dan Beiller (177), Tim Habecker (167)	1998	Brett Bakely (184, alternate)	2008	Jon Gregory (125), David Priest (174), Blaine Woszczak (149)
1991	Dave Issebacher (126), Marty Sullivan (150)	1999	Dan Butler (174) *, Tommy Hall (133), Conor Heun (149, alternate) *	2009	Willie Horwath (157), John Paxos (141), Blaine Woszczak (149)

Record Book

ALL-STATE FINISHES

Year	Wrestler	Wgt	Place	Year	Wrestler	Wgt	Place	Year	Wrestler	Wgt	Place
1970	Tom Hochfelder	150	1st	1990	Tim Cotter	134	4th	1999	Tommy Hall	133	3rd
	Wayne Keebler	190	1st		Mike Fusilli	HWT	3rd		Chuck Maragioglio	197	7th
	Jerry McTamney	142	2nd		Ron Gross	142	2nd		Carlos Restrepo	125	5th
1973	Paul Iacovelli	190	1st		Tim Habecker	167	3rd	2000	Jason DiCesare	HWT	7th
1977	Bill George	HWT	3rd		Marty Nichols	150	2nd		Tommy Hall	133	4th
	Rich Morton	167			Ron Post	190	6th		Felix Martinez	125	2nd
1980	Ralph Salem	167		1991	Lenny Bruehwiler	134	4th		Bill Parry	174	7th
1982	Bart Morrow	134	5th		Randy Cotton	HWT	8th	2001	Jason DiCesare	HWT	5th
1983	Bart Morrow	134	1st		Bill Hadsell	190	7th		Andrew Locke	174	8th
	Bob Panariello	118	2nd	1992	Steve Farr	HWT	1st		Bill Parry	165	5th
1984	Larry Colagiovanni	158	4th		Kent Maslin	142	4th		Carlos Restrepo	125	1st
	Dave Kittay	177	3rd		Chris Matteotti	118	3rd	2002	Dan Montana	141	4th
	Bart Morrow	134	1st		Mike Murtha	177	5th	2003	Scott Aranowicz	141	6th
	Bob Panariello	118	2nd		Ron Post	167	5th		K.C. Beach	157	7th
1985	Glenn Cogswell	126	5th		Matt Sorochinsky	158	4th		Jad Duca	149	7th
	Steve Hile	167	4th		Allan Teran	158	5th		Bryan Gammons	133	7th
	Larry Iacovelli	158	5th		Dan Uhteg	190	8th		Bill Parry	165	5th
	Rich Kane	HWT	5th	1993	Vinnie DiGiacomo	126	8th		Brian Petti	197	7th
	Dave Kittay	177	3rd		Steve Farr	190	5th		Erik Wisecup	HWT	6th
	Paul Mankowich	150	8th		Kent Maslin	142	1st	2004	K.C. Beach	157	3rd
	Pete Mankowich	142	1st		Chris Matteotti	118	4th		Marc Israel	165	4th
	Bart Morrow	134	1st		Mike Murtha	177	4th		Adam Johnson	141	8th
	Bob Panariello	118	3rd		Matt Sorochinsky	158	4th		Matthias Keib	174	3rd
1986	Glenn Cogswell	126	5th		Karl Zenie	167	6th		Bryan Petti	HWT	7th
	Steve Hile	177	8th	1994	Vinnie DiGiacomo	126	4th		Robert Stubbs	184	4th
	Rich Kane	HWT	4th		Kent Maslin	150	1st	2006	Nick Calandrino	197	3rd
	Chris Ledyard	150	6th		Chris Pierce	158	8th		Jad Duca	157	1st
	Chris LoPresto	134	6th		Matt Sorochinsky	167	5th		Matthias Keib	174	3rd
	Tom Mankowich	158	8th		Michael Steinbar	118	4th		Brian Lockard	165	4th
	Tony Villereale	190	6th		Ben Weiland	177	7th		Robert Stubbs	184	3rd
1987	Mike Fusilli	190	7th	1995	Jason Bovenzi	190	6th	2007	Nick Calandrino	184	5th
	Ron Gross	142	8th		Chris Pierce	158	6th		Jon Gregory	125	6th
	Rich Kane	HWT	7th		Matt Sorochinsky	167	2nd		Willie Horwath	141	4th
	Joel Lamson	134	7th		Brian Walch	HWT	7th		Dave Sbrisca	197	6th
	Tom Mankowich	158	4th		Ben Weiland	177	3rd		Justin Seifried	133	4th
	Paul Schumann	126	2nd	1996	Dan Butler	158	8th	2008	Willie Horwath	141	5th
1988	Dan Bieller	177	4th		John Gemmell	118	1st		John Paxos	149	5th
	Mike Cronmiller	158	1st		Brian Walch	HWT	5th		David Priest	174	5th
	Mike Fusilli	190	7th	1997	Dan Butler	158	5th		Dave Sbriscia	197	8th
	Ron Gross	142	3rd		David Dennie	190	7th		Chad Winowich	133	5th
	Tim Habecker	167	4th		John Gemmell	118	1st	2009	Chris Carabello	197	4th
	Rich Kane	HWT	3rd		Matt Magner	142	6th		Scott Edwards	165	8th
	Joel Lamson	134	3rd		Scott Mushtare	150	8th		Joe Goetz	HWT	3rd
1989	Dan Bieller	177	6th		Josh Potter	134	6th		Tom Heckman	184	8th
	Mike Fusilli	190	5th	1998	Brett Bakely	177	7th		Willie Horwath	157	4th
	Ron Gross	142	3rd		Dan Butler	158	4th		John Paxos	141	4th
	Tim Habecker	158	3rd		Chuck Maragioglio	190	7th		Justin Seifried	141	6th
	Joel Lamson	126	1st		John Strong	142	7th		Chad Winowich	133	4th
	Marty Nichols	150	7th						Blaine Woszczak	149	4th

* All-state recognition is granted to wrestlers who place among the top-eight finishers at the New York State championship. The meet includes Division I, II, III and junior college teams.

TOURNAMENT CHAMPIONS

AAU

Jim LaRock (165), 1952, 1953

BBC Invitational

Larry Colagiovanni (150), 1983

Bill Condon (190), 1983

Dave Kittay (167), 1983

Bart Morrow (134), 1983

Bob Panariello (118), 1983

Ron Schenk (142), 1983

Binghamton Invitational

Glenn Cogswell (126), 1982

Larry Colagiovanni (150), 1981, 1982

Ron Cotton (177), 1982

Bart Morrow (134), 1981, 1982

Bob Panariello (118), 1982

Greg Smith (HWT), 1982

C.W. Post Tournament

Terry Habecker (137), 1968

Bob Panariello (126), 1984

Coast Guard Tournament

Terry Habecker (137), 1968

Cornell Open

Mike Cronmiller (158), 1987

Ron Gross (142), 1987

Joel Lamson (134), 1987

Marty Nichols (150), 1987

Pete Mankowich (142), 1985

Bob Panariello (118), 1983, 1985, 1986

4I Tournament

Bob Franciamone (137), 1964, 1965

Jim Howard (130), 1952, 1953, 1954

Orlando Iacovelli (147), 1961, 1962

Jim LaRock (165), 1951

Bob Marella (HWT), 1958, 1959

Ed Michael (177), 1965

John Sacchi (147), 1965

Jack Stanbro (191), 1957, 1960

Paul Thomann (177), 1954, 1956

Jim Valentine (130), 1960

Don Vistocco (123), 1956

Great Lakes Open

Lenny Bruehwiler (142), 1991

David Isselbacher (118), 1990

Kent Maslin (150), 1991

Chris Matteotti (118), 1991

Dan Uhteg (190), 1991

Harpur College

Tom Hochfelder (150), 1970

Wayne Keebler (190), 1970

Ithaca Invitational

K.C. Beach (149), 2004

Jason Bovenzi (HWT), 1994

Dan Butler (167), 1997

Nick Calandrino (197/184), 2005, 2006

Chris Carabello (197), 2008

Ryan Ciotoli (157), 1999, 2000

Glenn Cogswell (126), 1983, 1984

Tim Cotter (134), 1989

Mike Cronmiller (167), 1989

Jason DiCesare (HWT), 2000

Seth Ecker (125), 2008

Mike Fusilli (HWT), 1989

John Gemmill (121), 1996

Ron Gross (142), 1987

Bill Hadsell (190), 1990

Tommy Hall (133), 1998

Willie Horwath (157), 2008

Marc Israel (149/165), 2002, 2004, 2005

David Isselbacher (118), 1990

Rich Kane (HWT), 1985

Matthias Keib (174), 2005

Dave Kittay (177), 1983, 1984

Chris Ledyard (150), 1985

Paul Mankowich (142)

1983, 1984, 1985, 1986

Felix Martinez (118), 1997

Kent Maslin (142), 1991, 1992

Chris Matteotti (118), 1992

Bart Morrow (134), 1983, 1984

Marty Nichols (150/158), 1987, 1989

Bob Panariello (118), 1983, 1984, 1986

John Paxos (141), 2008

Paul Schumann (134), 1986

Mike Steinbar (118), 1994

Robert Stubbs (184), 2005

Tom Tierney (158), 1988

Karl Zenie (177), 1992

Millersville Invitational

Carlos Restrepo (125), 2002

Bryan Steele (HWT), 2002

Mt. Union Invitational

Rich Kane (HWT), 1987

Paul Schumann (126), 1987

Naval Academy Classic

Tommy Hall (133), 1998

UNC Pembroke Classic

Robert Stubbs (184), 2005

RIT Invitational

Jason Bovenzi (HWT), 1994

Ryan Ciotoli (157), 1999, 2000

Mike Cronmiller (158), 1988

Steve Farr (HWT), 1991

Terry Habecker (137), 1968

Tommy Hall (133), 1998

Marc Israel (141/149/165)

2002, 2003, 2004

Bob Jones (126), 1970

Rich Kane (HWT), 1986

Bill Meisner (160), 1968

Dan Montana (141), 2000

Bob Panariello (121), 1983

Carlos Restrepo (125), 2002

Matt Soroichinsky (167), 1994

Dan Uhteg (190), 1991

Ben Weiland (177), 1994

Larry Wennogle (150), 1970

Sunshine Classic

David Priest (174), 2009

Syracuse Open

Mike Steinbar (118), 1994

Wilkes Open

Terry Habecker (142), 1970

Jim Howard (130), 1954

Orlando Iacovelli (157), 1961

Jack Stanbro (191), 1958, 1959

Williamstown Invitational

Nick Calandrino (197), 2006

Jad Duca (157), 2006

Matthias Keib (174), 2006

Robert Stubbs (184), 2006

**BOB “TINY” MARELLA
OUTSTANDING WRESTLER**

The Bob “Tiny” Marella Award goes to Ithaca’s outstanding wrestler. Marella, who died in 1999, earned all-American honors in 1959 as a heavyweight and still owns the fastest pin at Ithaca in that weight class. He is a member of the Ithaca College Athletic Hall of Fame.

1980-81	Bill Bray	1995-96	John Gemmell
1981-82	Bart Morrow	1996-97	John Gemmell
1982-83	Bart Morrow	1997-98	John Gemmell
1983-84	Bob Panariello	1998-99	Tommy Hall
1984-85	Bart Morrow	1999-00	Ryan Ciotoli
1985-86	Pete Mankowich	2000-01	Ryan Ciotoli
1986-87	Bob Panariello	2001-02	Tommy Hall
1987-88	Mike Cronmiller		Carlos Restrepo
1988-89	Ron Gross	2002-03	Bill Parry
1989-90	Mike Fusilli	2003-04	K.C. Beach
1990-91	Bill Hadsell	2004-05	Marc Israel
1991-92	Dan Uhteg	2005-06	Matthias Keib
1992-93	Kent Maslin	2006-07	Nick Calandrino
1993-94	Steve Farr	2007-08	Jon Gregory
	Kent Maslin	2008-09	Blaine Woszczak
1994-95	Jason Bovenzi		
	Chris Matteotti		

JACK STANBRO “HEART” AWARD

The Jack Stanbro “Heart” Award is given to the wrestler who demonstrates the ability to overcome adversity and display tremendous courage. Stanbro was a 1960 all-American in the heavyweight division and a two-time 4I Tournament champion. He is a member of the Ithaca College Athletic Hall of Fame.

1980-81	Ron Schenk	1996-97	Mike Spudic
1981-82	Bill Bray	1997-98	Mike Spudic
1982-83	Ron Schenk	1998-99	Ryan Ciotoli
1983-84	Glenn Cogswell	1999-00	Felix Martinez
1984-85	Bill Condon	2000-01	Carlos Restrepo
1985-86	Paul Schumann	2001-02	Ryan Ciotoli
1986-87	Glenn Locke	2002-03	Jad Duca
1987-88	Tim Habecker	2003-04	Brian Lockard
1988-89	Marty Nichols	2004-05	K.C. Beach
1989-90	Jay Swayze	2005-06	Brian Lockard
1990-91	Marty Sullivan	2006-07	Jon Gregory
1991-92	Steve Farr	2007-08	Jon Gregory
1992-93	Mike Murtha	2008-09	Chad Winowich
1993-94	Mike Murtha		
1994-95	Chris Matteotti		
1995-96	Brett Fletcher		

Team Awards

**CLYDE “WHITEY” COLE
STUDENT-ATHLETE AWARD**

The Clyde “Whitey” Cole Award recognizes an Ithaca wrestler for his performance on the mat and in the classroom. Cole, a member of the Ithaca College Athletic Hall of Fame, wrestled as an undergraduate at Ithaca and then returned to his alma mater as coach in 1946. All-American Jon Gregory received the award last winter.

1982-83	Larry Colagiovanni	1997-98	Doug Kolody
1983-84	Larry Colagiovanni	1998-99	Chuck Maragioglio
1984-85	Glenn Cogswell	1999-00	Seth Rak
1985-86	Chris LoPresto	2000-01	Carlos Restrepo
1986-87	Dan Bieller	2001-02	Carlos Restrepo
1987-88	Rob Lassers	2002-03	Marc Israel
1988-89	—	2003-04	Marc Israel
1989-90	Marty Nichols	2004-05	Marc Israel
1990-91	Karl Zenie	2005-06	Justin Dwork
1991-92	Karl Zenie	2006-07	Nick Calandrino
1992-93	Karl Zenie	2007-08	Jon Gregory
1993-94	Karl Zenie	2008-09	
1994-95	Brian Walch		
1995-96	Brian Walch		
1996-97	Doug Kolody		

**HERBERT BROADWELL
OUTSTANDING CONTRIBUTION**

Broadwell, a member of the Ithaca College Athletic Hall of Fame, directed Ithaca to 99 wins as coach from 1950-70.

1982-83	Ron Schenk	1996-97	Glen Kurz
1983-84	Mark Iacovelli	1997-98	Julie Walters
1984-85	Robert Deming	1998-99	Mike Spudic
1985-86	Dawn Moore	1999-00	Derek Donegan
1986-87	Paul Schumann	2000-01	Kathy Wallace
1987-88	Rich Kane	2001-02	Tom Hungerford
1988-89	David Auble	2002-03	Anthony & Janet Ciotoli
1989-90	Joel Lamson	2003-04	Dave Donovan
1990-91	Bob Marella	2004-05	Tim Gammons
1991-92	Reb Russell	2006-07	Tyler Daffinee
1992-93	John Wallace	2007-08	Ashley Havtur
1993-94	Tim Habecker	2008-09	
1994-95	Kathy Murray		
1995-96	Marty Nichols		

JOHN MURRAY AWARD

The John Murray Award was instituted in 1998 to honor the senior wrestler who had the greatest impact on all facets of Ithaca’s wrestling program. It is named for the long-time Bomber coach, who is a member of both the Ithaca College Athletic Hall of Fame and the New York State Wrestling Coaches Hall of Fame.

1997-98	John Gemmell	2003-04	Jeff Edelstein
1998-99	Chuck Maragioglio	2004-05	Bryan Petti
1999-00	John Strong	2005-06	Rob Stubbs
2000-01	Tom Hungerford	2006-07	Adam Johnson
2001-02	Ryan Ciotoli	2007-08	Greg Davis
2002-03	Andrew Locke	2008-09	Scott Edwards

Team Awards

JIM LaROCK MOST PINS AWARD

Nick Calandrino earned the Jim LaRock Award for last year, becoming the first Bomber to win it four times. A 1950 all-American at 165 pounds, LaRock earned a spot on the 1952 U.S. Olympic team and is a member of the Ithaca College Athletic Hall of Fame.

1980-81	Bill Bray	1997-98	Brett Bakely
1981-82	Greg Smith	1998-99	Tommy Hall
1982-83	Ron Schenk	1999-00	Tommy Hall
1983-84	Jim Zimmerman		Felix Martinez
1984-85	Bart Morrow	2000-01	Andrew Locke
1985-86	Pete Mankowich	2001-02	Bryan Steele
1986-87	Ron Gross	2002-03	Rich White
1987-88	Ron Gross	2003-04	Nick Calandrino
1988-89	Ron Gross	2004-05	Nick Calandrino
1989-90	Mike Fusilli	2005-06	Nick Calandrino
1990-91	Bill Hadsell	2006-07	Nick Calandrino
1991-92	Dan Uhteg	2007-08	Blaine Woszczak
1992-93	Kent Maslin	2008-09	
1993-94	Matt Sorochinsky		
1994-95	Ben Weiland		
1995-96	Ira Miles		
1996-97	John Gemmell		

ORLANDO IACOVELLI

MOST TAKEDOWNS AWARD

The Orlando Iacovelli Award goes to the Ithaca wrestler who records the most takedowns during the season. A member of the Ithaca College Athletic Hall of Fame, Iacovelli was a semifinalist at the 1964 NCAA championship held at Cornell. Last year all-American Jon Gregory received the award.

1980-81	Ron Schenk	1996-97	John Gemmell
1981-82	Bill Condon	1997-98	Dan Butler
1982-83	Bob Panariello	1998-99	Tommy Hall
1983-84	Glenn Cogswell	1999-00	Tommy Hall
1984-85	Bart Morrow	2000-01	Ryan Ciotoli
1985-86	Pete Mankowich	2001-02	Carlos Restrepo
1986-87	Bob Panariello	2002-03	Marc Israel
1987-88	Ron Gross	2003-04	Marc Israel
1988-89	Tim Habecker	2004-05	Marc Israel
1989-90	Mike Fusilli	2005-06	Matthias Keib
1990-91	Chris Passero	2006-07	Nick Calandrino
1991-92	Chris Matteotti	2007-08	Jon Gregory
1992-93	Kent Maslin	2008-09	
1993-94	Chris Matteotti		
1994-95	Matt Sorochinsky		
1995-96	John Gemmell		

BOB FRANCIAMONE

MOST TEAM POINTS AWARD

The Bob Franciamone Award is presented to the Bomber wrestler who earns the most team points each season. Franciamone was the 1965 41 tournament champion at 137 pounds.

1980-81	Bill Bray	1996-97	John Gemmell
1981-82	Greg Smith	1997-98	Dan Butler
1982-83	Bob Panariello	1998-99	Tommy Hall
1983-84	Bob Panariello	1999-00	Felix Martinez
1984-85	Bart Morrow	2000-01	Ryan Ciotoli
1985-86	Rich Kane	2001-02	Carlos Restrepo
1986-87	Bob Panariello	2002-03	Bill Parry
1987-88	Mike Cronmiller	2003-04	Marc Israel
1988-89	Ron Gross	2004-05	Marc Israel
1989-90	Mike Fusilli	2005-06	Rob Stubbs
1990-91	Bill Hadsell	2006-07	Nick Calandrino
1991-92	Dan Uhteg	2007-08	Willie Horwath
1992-93	Kent Maslin	2008-09	
1993-94	Matt Sorochinsky		
1994-95	Ben Weiland		
1995-96	John Gemmell		

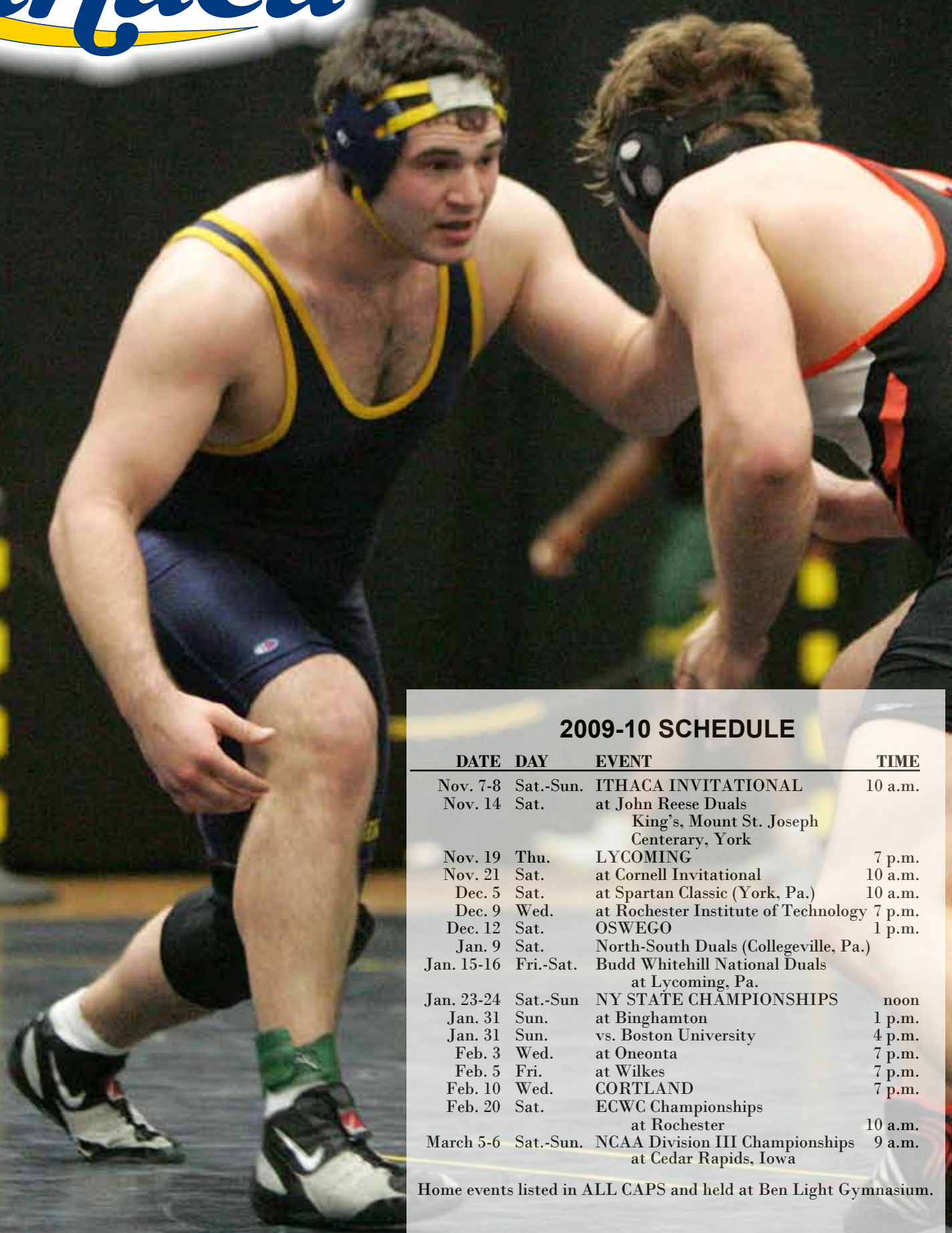
JIM HOWARD

MOST IMPROVED AWARD

Joe Goetz earned last winter's Jim Howard Award. Howard was a two-time all-American at 130 pounds in the 1950s and posted a 23-0 career record. Howard is a member of Ithaca's Athletic Hall of Fame.

1980-81	Tim Wilmot	1995-96	John Gemmell
1981-82	Greg Smith	1996-97	Matt Magner
1982-83	Glenn Cogswell	1997-98	Chuck Maragioglio
1983-84	David Kittay	1998-99	Jeff Pendergast
1984-85	Rich Kane	1999-2000	Nate Higgins
1985-86	Steve Hile	2000-01	Nate Higgins
1986-87	Tom Mankowich	2001-02	Seth Rak
1987-88	Tim Habecker	2002-03	Bryan Petti
1988-89	Lenny Bruehwiler	2003-04	Matthias Keib
1989-90	Chris Passero	2004-05	Brian Lockard
1990-91	Marty Sullivan	2005-06	Jad Duca
1991-92	Vinnie DiGiocomo	2006-07	Justin Seifried
1992-93	Matt Sorochinsky	2007-08	Joe Goetz
1993-94	Mike Steinbar	2008-09	
1994-95	Chris Pierce		
	Brian Walch		

BOMBERS Ithaca



2009-10 SCHEDULE

DATE	DAY	EVENT	TIME
Nov. 7-8	Sat.-Sun.	ITHACA INVITATIONAL	10 a.m.
Nov. 14	Sat.	at John Reese Duals King's, Mount St. Joseph Centenary, York	
Nov. 19	Thu.	LYCOMING	7 p.m.
Nov. 21	Sat.	at Cornell Invitational	10 a.m.
Dec. 5	Sat.	at Spartan Classic (York, Pa.)	10 a.m.
Dec. 9	Wed.	at Rochester Institute of Technology	7 p.m.
Dec. 12	Sat.	OSWEGO	1 p.m.
Jan. 9	Sat.	North-South Duals (Collegeville, Pa.)	
Jan. 15-16	Fri.-Sat.	Budd Whitehill National Duals at Lycoming, Pa.	
Jan. 23-24	Sat.-Sun	NY STATE CHAMPIONSHIPS	noon
Jan. 31	Sun.	at Binghamton	1 p.m.
Jan. 31	Sun.	vs. Boston University	4 p.m.
Feb. 3	Wed.	at Oneonta	7 p.m.
Feb. 5	Fri.	at Wilkes	7 p.m.
Feb. 10	Wed.	CORTLAND	7 p.m.
Feb. 20	Sat.	ECWC Championships at Rochester	10 a.m.
March 5-6	Sat.-Sun.	NCAA Division III Championships at Cedar Rapids, Iowa	9 a.m.

Home events listed in ALL CAPS and held at Ben Light Gymnasium.